

Transform Thoughts And Behaviors

Strengthen team interactions vital for organizational safety & success

Do you find yourself scratching your head because your recent conversation did not end well? Do you have difficult people in your company that eat up your energy? Do your traditional actions give you the same result—over and over and it's not changing any behaviors?

Through RADAR Leadership, Shari's expertise has shown thousands of leaders how to:*

- Master the elements of communication to get your intended message heard.
- Build high-performance teams that focus on productivity instead of activity.
- Improve relationships to manage conflict in the workplace.
- Become more effective leaders through creating greater buy-in.
- Make sense of emotional triggers to understand other's motivations.

Led by Shari Frisinger, an expert in changing behaviors, these sessions help you and your team transform negative, reactive behaviors into positive, proactive interactions that put them on a path to success.

Shari's Most Requested Programs

It's Not What You Said ...It's What They Think They Heard!

Success relies on everyone engaged in the same conversation – at the same time. Getting your message across isn't as simple as it sounds. Speaking in the manner that others hear will promote loyalty, productivity and success. You do not have to change your individuality—you do need to improve your awareness. Shari shares ways to improve conversations and get the results you want.

Maintaining Your Composure ... Conflict resolution with a twist

People's reactions towards each other and situations easily creates stress and lowers morale. When challenged or overwhelmed – can you clearly hear what others are saying? Is it your rational mind or emotional brain in control? So the question remains: Can you control your emotions before they do you damage? Shari gives techniques to make sense of your hot buttons and prevent explosive situations.

RADAR Leadership for the Progressive Leader

Successful leadership teams have the same thing in common—they understand each other's actions and motives, and are able to express themselves without riling the defenses of others. Imagine the level you'd reach if your executive team used their emotional intelligence abilities to more smoothly resolve issues and overcome challenges.



About Shari Frisinger

Shari, an engaging and energetic speaker and facilitator, shares her research and insights into human behavior. She explains how your mind affects your thoughts, behaviors and interpersonal skills. Her proven principles have shown thousands of clients how to improve their ability to communicate and positively change their behaviors.

The result? Reduced conflict in the workplace, improved team and individual productivity, enhanced customer service and sales outcomes, and leading more effectively. It's hard-hitting, pragmatic and based on real world results.

React and the situation manages you.

Respond and you are in control.

*Release preconceived notions; Attitude check; Diagnose; Assess & analyze alternatives; Respond.

"Armed with the tools and knowledge, our staff will have a different slant on how they interact. All enjoyed your speaking style and I commend you on how you kept everyone's interest through every phase of the day-long training. I received many very positive comments from all our attendees."

Director US Western Sales , Dixie Aerospace / Wencor

"You were very informative, interesting and energetic. You provided insight to help us better understand ourselves, our colleagues and our bosses!"

VP Programs—NCMA Space City Chapter

"Your ideas are innovative and creative; your uplifting talks and bright attitude have inspired me."

Entrepreneur, Retired CEO and Port Commissioner

"Your presentation should be delivered to all staff levels. Your insights give clear direction on relationship-building and communicating well."

Houston Airport Systems Supervisor

Why Shari?

- Shari's doctoral research has uncovered reasons on how and why we react the way we do. She has created real-world techniques that participants can use immediately — with positive results.
- Shari's presentations are tailored to her audience. Her stories resonate with attendees and their real-world issues are used as examples.
- Shari has "walked the walk and talked the talk" - she has used the techniques that she promotes and can talk from experience the difficulties and the outcomes.
- Knowing that "life" does not always adhere to theories and situations practiced, she offers follow materials and activities to promote and reinforce behavior changes.
- Her Master's research and continued interaction with executives and leaders keep her tuned into the challenges they face

Shari Frisinger: Keynotes, Breakouts, Workshops

Alexander Speakers Bureau

**For more information or to book Shari Frisinger
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