The Personal Best Academy© Keynote/Breakout Session Speaker

www.davebreslow.com Las Vegas, Nevada

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David Breslow is a "Game Changer".

David is called, "Mr. Simple" in the Personal/Professional Development arena because without the usual tips/strategies, theories and vague concepts (that offer temporary relief), David moves your audience into a real shift in thought, feeling and action. Through poignant stories, humorous reality and the direct truth of the Laws by which all people produce outcomes, your audience experiences real change (rather than the usual short-term "aha" moment). These Laws are undeniable, provable and there is no escaping them. "Stop coping with your so-called problems", David says. "It leads to a culture of mediocrity. Why? Coping means: to handle, deal with, struggle with and survive. Is THAT what your organization wants?" Most shout "NO!" No matter what presentation you choose, his powerful message inspires you to see, think, feel and do things differently—well beyond today! This is what uniquely separates David; setting a clear and engaging path to experience performance excellence lasting longer than an hour or a day. A Corporate Professional, Athlete and Health Professional and Actor—David brings you a fresh, exciting and no-holds barred look at how people excel under any conditions.

Your audience benefits by:

- 1. Take-Away shifts that impact performance—NOW!
- 2. Greater Confidence
- 3. Higher Levels of Energy
- 4. Increased Mental Clarity
- 5. BE Proactive—today (YOU are different and everything you do is improved!)

"David's talk provided different ways to look at ourselves. His clear, concise delivery helped us understand how we can **transform our past into a new and improved future**. He recommended exercises which will help us focus, keep our thoughts positive, and produce successful outcomes... We really were encouraged by the content and how true it is in the real world. It really makes sense!" **Stephen L. Webster/DS&P Insurance Services**

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5888 (PST/USA) Text: 818-844-6946

WHAT OTHERS SAY ABOUT DAVID

"David spoke to the Executive Network Group of Greater Chicago (ENG), a non-profit organization for **senior executives** in transition, on the subject of "The Power of Resiliency" and how to deal with adversity during job search. The 144 people attending the meeting were enthusiastic listeners and rated him as one of the best speakers over the past 18 months. He has a relaxed style, but a powerful message that certainly resonated with our group. He provided excellent practical techniques for taking positive action rather than coping with issues."

Chris Campbell, Executive Director, ENG

"David and I have a professional and personal association that includes performance enhancement projects, assessment and personal coaching. During the best of times as well as rather ordinary times he has helped me to see how I can be better. Each of our conversations results in an insight from him of some positive action or thought process for my betterment. He has a unique ability to help people **bring out the best** in themselves."

Tom Voigt, Jr. Director, MBA Program Aurora University

"David, the advice you shared with the group was powerful and encouraging...you helped take the performance of the 100 sales pros to a new level. The concept you've developed articulates a level of performance that is not only high but can be obtained on a consistent basis. Thank you for sharing your expertise and making last week's event one of the best sessions we've had" Shawn Green, PhD/Aurora Univ. Sales Institute Vernon Hasse Professor of Business

"I brought David in to speak at our **annual meeting during a time of key organizational change.** His message to the entire group (over 100) and in the breakout sessions motivated and inspired the participants to handle change with resilience, reduce stress and create more effective daily rituals. We were very happy with the results!"

Kristen Lenn/HR Director/Mosaic InfoForce

"Thank you David is was truly a pleasure to meet you. The feedback I received was terrific. Everyone was very disappointed that you would not be speaking again that day and said your presentation helped them so much in that short time. I was very impressed with your presentation myself and am looking forward to hearing you again as I am sure I will."

Deshawna Hill-Burns, RHIA/ Director of Health Information

"David's techniques have made a real difference for me. I am able to **trigger my relaxation response whenever I need to and my work efficiency has improved dramatically**. In fact, I feel better and more able to deal with my high stress sales environment."

Chuck Noparstak/ President/Equitrust Securities

"Your approach has had a measurable impact on our group. The clear insights and practical solutions you provided helped us in the achievement of our personal goals. Your techniques are both **easy to understand and apply in our every- day lives**. I have highly recommended you to our Corporate Learning and Development Center to provide other workshops".

Marian Cosmides/ Motorola, Inc.

"David Breslow brings a fresh and innovative approach to personal development focusing on how to attain greater personal achievement. He is extremely impressive and sensitive to the needs of the audience which exemplifies his conviction and dedication to his topic. He lives what he talks about! His enthusiasm stimulated conversation with attendees that lasted two hours beyond the program, certainly an indicator of how well he was received by the audience."

Nancy Wajler DuPage Executive Networking

▼POPULAR TOPIC REQUESTS ▼

Any of the following are appropriate for Corporate, University Level, High School Level and other organizations. In addition, the following topics are appropriate for **Keynote** and/or **Breakout Sessions**.

Public Seminars

• "Wired to Win—The Lies, The Laws and The Leap™-To Transform The Way You Live, Work and Play

Speaking Topics—Educational, Inspirational and Motivational

NOTE: All presentations include insights that improve: stress mgt., performance excellence and resilience

- Wired to Win At Work™
- 3 C's--Confidence, Courage and Commitment
- 5 Critical Things Your Organization Can Learn From a Film Set
- The Forward Bounce©--Moving through change/adversity stronger and more inspired than before!

Inspiration

- Who Said So? -Triumph over Adverse Conditions
- Who Would You Be Without Your Story?—The Lies, The Limits and The Leap to New Levels of Performance
- The Hero's Journey: The Power of Self-Reliance--*Boldly Living Your Life Now!!*

Life Enrichment

- Harmonizing Work/Life Living
- Alignment: The Key to Living Your Dream

Performance: Sports—Golf, Tennis and other sports

• Wired to Win©--7 Laws-21 Days-- Change The Way You Play the Game...Beginning Today!

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BRIEF BIO

- Author: "Wired to Win"
- Professional Speaker--Organizations of all sizes including Fortune 500 Companies
- Professional Performance Coach--clients include Corporate Professionals and Pro/Amateur Athletes (PGA, Tennis, Hockey and more) and the Private Sector
- Voted Most Requested Leadership Coach at Ameritech
- Directed, hired, trained and managed a 36 person team at Leadership Assessment Center (Ameritech)
- Director of Training—(Facilitating many training topics)
- Weekly Mental Game Contributor to The Golf Channel
- Guest on TGC
- Director of Mental Toughness at The National Tennis Center (NY- Site of the US Open Tennis Championships)
- Guest on over 150 Radio/TV Stations
- Host of his own Radio Show (Your Personal Best—in NY)
- **Professional Actor**—Theater, Film and Television

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